Emerging Perspectives in Art Therapy: Expert Panel

Abstract

It is proposed that contributing authors from the book *Emerging Perspectives in Art Therapy: Trends, Movements and Developments* (Carolan & Backos, 2017) share philosophical, theoretical, and practical ideas from the book. The experts on the panel will present ideas to spark further discourse amongst Art Therapists to generate philosophically interesting and pragmatically applicable approaches professional growth. The panel will share highlights from their Art Therapy work in areas related to culture, research, ethics, education, and art making.

One important focus of the *Emerging Perspectives* book is cultural humility (Tervalon & Murray-Garcia, 1998) and the approach of the panel will be that of humble scholars. As a trans-disciplinary profession, art therapy is infused from multiple sources and currently art therapists are engaging in a deepening and redefining of our work (Talawar, 2016). Exploring the foundations of art therapy and thinking creatively about the future with a diverse group of art therapists provides a critical means to developing and implementing new ideas and perspectives in the field.

The cultural implications of being a healer, therapist, and teacher are explored to identify Art Therapists’ role in social justice while working with underserved and oppressed groups (Carolan & Backos, 2017). The philosophy of art, psychology, and Art Therapy informs how art therapists’ view their work with clients, colleagues, students, and professors and these ideas and relationships deserve dialogue and exploration so that we can improve ourselves, our work, and our profession.
Book editors will serve as moderators, and the panel will provide opportunities for the audience to engage in dialogue with the experts on the panel during the presentation and afterwards for a book signing and further discussion.

References

